

## Iowa Shangri-la



**The state's newest town is also one of its most innovative, from urban design to environmental and spiritual health. Come, explore Maharishi Vedic City this summer.**

By Linda Egenes

Driving south on Highway 1 through the farmlands and towns of southeast Iowa's prairie landscape, you may notice a few exotic-looking spires and golden rooftops floating above the cornstalks. It is not a mirage; it is Maharishi Vedic City, the state's newest town.

Maharishi Vedic City, incorporated in 2001, derives its name from the Vedic principles brought to light by Maharishi Mahesh Yogi, founder of transcendental meditation.